

September 29, 2004

To Whom It May Concern:

Dear Sir or Madam:

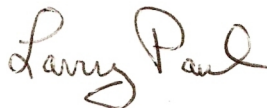
I am writing this letter as a personal endorsement regarding Ms Kristiva Smith. I have known Ms. Smith for over a year. During that time we have interacted several times a week, mostly involving her employment at Lifetime Fitness Center in Tipton, IN. Ms. Smith has helped me with my personal fitness goals as well as taught several group classes I have attended. Ms Smith is a professional in the true sense of the word. She is always well prepared for her group classes and takes a personal interest in each member's unique fitness level and goals.

I have attended group classes that she has taught on body sculpting, step, stretch & flex, abs & core conditioning, and yoga. After having taken these various classes, I know that a wide variety of skills and conditioning is required for each. Yet Ms. Smith is able to master and present this material to a diverse group and at different student skill levels; that is she modifies a particular exercise to accommodate several physical fitness levels. I can say from first hand experience that her students (myself and others I talk with) always feel challenged and motivated by her upbeat teaching style.

Ms. Smith also is the attendant on duty at the Lifetime Fitness Center much of the time. I am always greeted with a smile and made to feel welcome. The facility is always kept clean and well supplied. She also provides help and pointers on particular exercises, and does so without being over-bearing (as I have experienced wit some other instructors). In short, she takes a real interest in the members and is able to interact tactfully and with enthusiasm.

Lastly, I would like to say that Ms. Smith is self motivated. She works most of the time alone without direct supervision. I have also observed her taking classes and additional training after hours in order to advance her professional career goals of being a personal fitness trainer. I operate a small business here in Tipton, IN and I know from first hand experience how difficult it is to find great employees. I would recommend that anyone who wants a first rate employee should hire Ms. Smith. If I was in the fitness business, I would hire Ms. Smith myself, I cannot think of a stronger recommendation.

Sincerely,

A handwritten signature in dark ink that reads "Larry Paul". The signature is written in a cursive, flowing style with a large, stylized "L" and "P".

Larry Paul